

FAQ's

When: June 3 (6-7:30 pm), June 4 (6-7:30 pm), and June 5 (6-7:30pm)

Where: Patriot Stadium

Why: Follow your dream of becoming a CB East Football Player!

* **Day1-Speed Camp:** All athletes will receive top quality speed development instruction. It will consist of a dynamic warm up, speed/agility/change of direction/explosive drills. Instruction will also occur in the Pro Agility, 3 cone, Broad Jump, and 40 yard dash.

***Day 2-Football Skills & Drills:** All athletes will receive top quality instruction on both sides of the ball (Offensive and Defensive position teaching)

***Day3-Speed Combine Testing / 7v7 tournament:** Testing will occur via age group in the Pro Agility, 3 cone, Broad Jump, and 40-yard dash. Players will be divided by age groups into teams that will compete in a "7v7 tournament".

* **Eligibility:** Athletes ages 6-14 (entering 8th). Athletes will be grouped grades 1-4 and 5-8.

* **Camp Staff:** Will consist of the high school staff and current Patriots

***Equipment:** Cleats/sneakers/athletic attire

***Fee:** \$40 includes T-Shirt and enthusiastic/skilled instruction

* **Check in Registration:** Competitors are to report to the concession stand in Patriot Stadium!

***Contact Information:** Email Coach Donnelly at jodonnely@cbsd.org

***Viewing Area:** Parents are welcome to either view from the stands or behind the fence surrounding the track

***Incident Weather:** If we experience we will make adjustments to schedule accordingly.

Rising Patriot Speed Camp/ Skills & Drills

—sponsored by
CB East Football



EAST SIDE PRIDE

Monday-Wednesday

June 3-5 2019

Visit us at

CBEASTFOOTBALL.ORG for
more camp info

PAYMENT & PAPERWORK

Registration: May 3-June 3

- ✓ Go to CB Community School at:
<http://cbsd.org/domain/78>
- ✓ Create an account at
www.mypaymentsplus.com and then login
- ✓ Click on CB East Athletics
- ✓ Click on Rising Patriot Speed Camp / Skills & Drills
- ✓ Follow instructions to register and pay



**PATRIOT PRIDE
PATRIOT TRADITION**

CHAMPIONSHIPS

1979 - 2001 – 2005

PLAYOFF APPEARANCES

1996 – 2000 – 2001 – 2005 – 2015 – 2016

2018

CB CUP CHAMPIONSHIPS

2005 - 2009- 2015 -2018